

Wow! Looking Beautiful

She is beautiful
She is intelligent
She is hard working
She is highly educated

All such compliments are good but don't you think the value given by us to
'She is beautiful' is much more than others...?

Why is it that from childhood we try to programm our girls to take extra care of her skin,
then wear makeup then wear such and such clothes and so on...

Why are we putting into her mind subconsciously that looks matter,
and matter much more because she is a female....

And make them feel as if their worth depends on how they look...
And when if in any case they feel that they are not as per society's so called parameter of
"looking good", it puncture their spirit

We can understand that
Men will want females to look good...
Businesses related to beauty also promote the hype of looking good

But the strange thing is that when females themselves support & promote such things
& even make other females imbibe this believe

No, no one is saying that one should not look beautiful,
or wear makeup, or wear nice dresses...

No, but the hype given to looks is something which we need to check and correct..

This culture of making females body conscious is such a way accepted by our society that
most females start exercise or going to gym only when they get fat or
when they want to achieve a certain shape;

Sadly the no. of females doing exercise just for fitness and staying healthy is very less.

Why is it so?

Why we as a society don't want our females to get out of
the false chains of body consciousness?

Why we want them to keep taking care of their looks..?

Why is it that in the process of finding right marriage partner, we say
“*Aaj ladke vale aa rhe hain humari lakdki ko DEKHNE*”

What do we mean by *Dekhne*? Why not *Milne*? Why not *Baat Karne*?

Are we as a society unknowingly treating our females as if they are a showpiece?

Don't you think we need to check this...?

Can we do something to make our women realise that:
“Looking Fit” is much better than “Looking Sexy”