

Guru Nanak Dev Ji

ਨਾਮ ਜਪੋ, ਕਿਰਤ ਕਰੋ, ਵੰਡ ਛਕੋ

Naam Japo, Kirat Karo, Vand Chhako

Let us see and try to understand the 3 pillars of rightful living given by
Guru Nanak Dev Ji.

Which I feel as one of the most concentrated form of Gita.
In just these 6 words Gururji has brought down
the highest of wisdom in simplest of words.

Let us see how these 6 words carry the keys of our
happiness, peace & freedom.

ਨਾਮ ਜਪੋ : *Naam Japo*

ਕਿਰਤ ਕਰੋ : *Kirat Karo*

ਵੰਡ ਛਕੋ : *Vand Chhako*

ਨਾਮ ਜਪੋ : *Naam Japo*

Always remember that supreme power, the almighty God in your heart,
in your every action, in your every thought.

It is reminding me of The Bhagwad Gita, when Krishna said to Arjuna:
Do every work as if it's The God's will, do it like your are worshiping the God,
also dedicate the rewards of your work to The God.

By looking at the problem of our distracted mind & corrupted ego,
Swami Vivekananda gave a simple formulae to remember that supreme one,
To see God in everyone and think, speak, behave with them as if
it's your chance to serve and worship the God in front of you.

I think we popularise and decoded its meaning as per our convenient of our small thinking:
Like we preferred "*mala japte rehna*" for a few minutes rather than
remembering God 24 x 7 Or seeing God in others.

ਕਿਰਤ ਕਰੋ : *Kirat Karo*

Do the work & do it honestly. Don't deprive yourself from the opportunity of working hard. Even if you your basic needs are secured; Even if you have ample amount of wealth that you don't need to work in this life. Even then do some work.

It again reminds me of two points of The Bhagavad Gita:

1. When Krishna said look Arjun I don't need to do anything, neither its my battle, nor I am looking for any reward from it even then I am not sleeping in my palace, I am standing at battleground here with you.
2. When Krishna said that by the means of right action with right attitude and dedication, one's self gets purified & ready to realise The God.

It also reminds me of my Acharya & Swami Vivekananda who clearly explains that the one who is an enlightened or Mukta Purush, he will be much more engaged in doing hard work rather than even the most ambitious worldly man.

ਵੰਡ ਛਕੋ : *Vand Chhako*

The reward, the earnings, the food, whatever you get, always share it with needy.

From where I am seeing, its “Vand” first “Chhako” after that.
It means, first share with others than eat your portion.

It again reminds me of The Bhagwad Gita when Krishna said,
Arjuna, Offer everything best your have in this Divine Yagya and the leftover
which can't be offered, take it as your parshad.
(***Divine Yagya is not the hawan kund of our pujas)

Hats off to us, we lazy manipulative people
sometimes rather than to be at the side of one who share the reward with other,
we like to be at the side of those who want to receive the share of others.
This attitude totally invert the message of Gurujji,
and as a result the cycle of degradation of our life starts.

Whenever, wherever, at any position, any point of time,
if we found ourselves to be stuck in the vicious cycle of difficulties,
feel lost, dejected or hopeless, this simple and unimaginably powerful
Yukti given by Guruji will always be helpful.

ਨਾਮ ਜਪੋ, ਕਿਰਤ ਕਰੋ, ਵੰਡ ਛਕੋ

Naam Japo, Kirat Karo, Vand Chhako!

This also explains the name under which we are learning these things;

Karma Yoga:

“The Best Way To Serve The God Is
To Do The Right Things Rightfully For The Betterment Of Others”

Thank You Guru Nanak Dev Ji

We Love You!

KarmaYoga . Life