

Timeless Solutions Of Modern Problems

Shaadi Vala Ghar

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A young girl representing the thoughts & priorities of her generation & times asked her Grandmother:

“I don't understand why people waste so much time and energy on all the *Rasmo Riwaz* or functions... on the name of Marriage. Wouldn't it be better that just do the minimum legal or religious formalities & get married.”

Grandmother: “Hahaha, you are absolutely right my child, even I don't support or agree with all this *taam jhaam* to happen. Marriages are private affair and should be remain private only. But if I say that all this is well designed by our wise forefathers to teach us the important Life skills. Just like they wrote wisdom literature like Upanishads, Mahabhrat etc. to help us to learn the things which matter...”

Granddaughter: Life skills? How come? And which life skills?
K Paisa kaise luttana hai? Ya Jadugar jaisa makeup kaise karna hai?

Grandmother: Hahaha... *Nahi nhi...* much real meaningful life skills. The skills which otherwise one would learn in a hard way. Let me tell you about some of them:

Inclusiveness:

Marriage is the time which give us the chance to learn the beautiful art of inclusiveness. In this race of getting exclusive, the much important skill is to learn how to include others in our joy, happiness & important times. In Fact people find and create *Rasmo Riwaz* or errands just so that they don't make someone feel sidelined or excluded.

Leadership:

No No No! Leadership is not at all about placing orders or commanding others to do such and such things. NO! The true leader is one who takes the initiative. And in *Shaadi Vala Ghar* you can often see people (who are not known as leader) emerging as leaders by taking the initiatives to do such and such tasks if right environment has been provided.

Cooperation:

Related to leadership is the cooperation we often get to know, feel and be a part of when we are working as a team in the process of doing the preparations by joining hands or taking support, guidance, assistance of each other.

Humbleness:

“No No No! I am not saying anything stupid like *“Jhuk K raho kahin koi relative bura na maan jaye”*. Not at all my putri. Don't forget that in this matter I am your grandmother.” I am saying here about the humbleness which we get to imbibe & feel when we ask someone from our family or links for any kind of support or guidance irrespective of our age or relation or bitter past. And it is the time when we get to feel and know one of the the most powerful force in this world, The Power Of Humbleness.

We Need You:

Have you noticed there are different *rasm* or *pujas* in our families assigned to particular relations... *K ye Mama karvayega, ye bhabhi karvayegi...* etc...? It is very intelligently & compassionately designed & included by our ancestors to make us feel, realize & remember that we need others in our life if we need to do something important & big. *So sabse bna k rakho.*

Gratitude:

A very significant part of these ceremonies is often dedicated to our ancestors or *kul devta* or God. Although I know many people do this mechanically just as a tick mark just so that these spiritual entities won't harm or disturb the functions or life in large. But the beautiful reason is that this time give us a chance to feel gratitude toward our forefathers or to the powers which we feel are helping us out.

“No Putri, your daadi is not superstition, neither I support *Vehamology*.”

But I do support that thing, that magic, that flow of consciousness with which we get connected when we feel gratitude from our heart. That's the reason they asked us to think about our ancestors or the deities so that we can feel the magic of gratitude easily.

Art Of Sharing:

Do this *pooja* or *rasam riwaaz* and give *shagun* or *daan* or gift to this and this. Either it's about giving something to sweepers or priests, to relatives or waiters, to temples or underprivileged... these things teaches us the lesson of sharing our joy and happiness & wealth with others.

You Are Important:

It's the time which give us a chance to use our Superpower: The power to make someone feel important. Starting from asking the guidance or help, Or inviting, Or bidding adieu, we get many chances to make others feel important & worthy. We don't know our genuine communication with open heart could bring someone's life back on right track.

A Worthy Goal:

It's the time which teaches and letting us experience that how to get along with each other and try to contribute as much as one can even by leaving aside their small personal works, pleasures & grudges just for accomplishing the big worthy united goal.

Next Generation:

In the hosh posh & busyness, we often forget that there is a category of people who are watching us. Although they might not be participating actively in the preparations and all but even then they very much are part of all this, the children of the family.

We often think that sweets and dances and toys and playing etc is just what they want and think of. But it's not like that, they are observing us, the whole process, every event very carefully. And as they are young & their mind is unpolluted so they learn and feel and try to logicize things very quickly.

And here is where we get the chance to create right impression over these pure minds which we hardly get a chance of. So by thinking, behaving, acting properly we can teach our children very effectively from the short term school of *Shaadi Vala Ghar*.

Way Of Life:

By continually living with the points which we have talked about and that too remaining in the mood and environment full of happiness, joy, excitement & fun all the time..... isn't it what the real way of living the life is?

Grandmother: “So putri ji, this all is a very good time when we get the chance to learn the thing which matter & develop ourselves so that we can live a life in such a way that everyday feels like we are a part of a *Shaadi Vala Ghar.*”

Granddaughter: “*Daadiji tusi great hon!*”

“I will share this with everyone I know & with *karmayoga.life* people, so that they can also learn the significance & reality of all this & take part in these things if they want
CONSCIOUSLY.”

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